



FALL PROGRAMS 2016

INTEGRATED DEVELOPMENTAL EDUCATIONAL AND ASSESSMENT SERVICES INC.

Get a GREAT start to the school year with Occupational Therapy!

Developing Pre-printing Skills

Pre-school/Kindergarten

Offered Weekdays after school or evening

- **Fall Session:** October & November 2016, dates to be determined
- **Cost:** \$450 *\$400 (Early Bird Rate)

The development of muscle strength and dexterity in hands and fingers, eye-hand coordination, visual-motor control and visual perceptual skills is essential for the acquisition of pre-writing skills. *This is a therapeutic program for students to improve pre-writing skills.*

The Skills of Handwriting

Grade 3-6

Offered Weekdays after school or evening

- **Fall Session:** October & November 2016, dates to be determined
- **Cost:** \$450 *\$400 (Early Bird Rate)

Studies have shown that increased legibility of handwriting can result in improved self-esteem, greater proficiency and stronger grades. *This is a therapeutic program for students to improve cursive writing, focusing on the fundamentals of handwriting and lower case letters.*

- ❖ Initial consultation is required for new clients
- ❖ All programs are comprised of **5 weekly sessions**
- ❖ Each program will include an evaluation of skill level and practical recommendations for home and school use if required
- ❖ Parents will have a chance to discuss their child's progress, any concerns regarding their child and implementation of the therapist's recommendations during a private consultation meeting

Karen McIntosh B.Sc.O.T.(C), Paula Martin M.Sc.O.T.(C), & Jigna Bhatt B.Sc.O.T., OTR are offering the above programs for preschool & elementary students. Their extensive experience in developmental and educational occupational therapy has helped hundreds of children improve their abilities to learn and communicate.

The Skills of Printing

Grade 1-3

Offered Weekdays after school or evening

- **Fall Session:** October & November 2016, dates to be determined
- **Cost:** \$450 *\$400 (Early Bird Rate)

Children who experience difficulties with fine motor and visual motor skills often struggle in acquiring the skills of printing. This struggle can lead to frustration, poor motivation and reduced work output. *This is a therapeutic program for students to improve printing skills, legibility and speed.*

Self-Regulation Programs (Alert/Zones of Regulation)

Grade 3-6

- **Fall Session (+ Parent Session included):** October & November 2016, dates to be determined
- **Cost:** \$500 *\$450 (Early Bird Rate)

The Alert Program uses the analogy of a car engine to introduce the concepts of self-regulation, a key component in focus, attention, concentration and therefore learning. "If your body is like a car engine, sometimes it runs on high, sometimes it runs on low and sometimes it runs just right." Parents and students will increase their awareness of levels of "alertness" in themselves & others. They will also learn sensorimotor strategies or "engine tools" to adjust their engine speed.

*** Early Bird Deadline: ***

Fall Session: September 30th, 2016

**Space is Limited to 5 Children per Group
*Please contact us for more information***

Visit us at www.ideascalgary.ca

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