



# Winter PROGRAMS 2017

INTEGRATED DEVELOPMENTAL EDUCATIONAL AND ASSESSMENT SERVICES INC.

Get a GREAT start to the year with Occupational Therapy!

## Developing Pre-printing Skills

Pre-school/Kindergarten

Offered Weekdays after school or evening

- **Winter Session:** January & February 2017, dates to be determined
- **Cost:** \$450 \*\$400 (Early Bird Rate)

The development of muscle strength and dexterity in hands and fingers, eye-hand coordination, visual-motor control and visual perceptual skills is essential for the acquisition of pre-writing skills. *This is a therapeutic program for students to improve pre-writing skills.*

## The Skills of Handwriting

Grade 3-6

Offered Weekdays after school or evening

- **Winter Session:** January & February 2017, dates to be determined
- **Cost:** \$450 \*\$400 (Early Bird Rate)

Studies have shown that increased legibility of handwriting can result in improved self-esteem, greater proficiency and stronger grades. *This is a therapeutic program for students to improve cursive writing, focusing on the fundamentals of handwriting and lower case letters.*

- ❖ Initial consultation is required for new clients
- ❖ All programs are comprised of **5 weekly sessions**
- ❖ Each program will include an evaluation of skill level and practical recommendations for home and school use if required
- ❖ Parents will have a chance to discuss their child's progress, any concerns regarding their child and implementation of the therapist's recommendations during a private consultation meeting

*Karen McIntosh B.Sc.O.T.(C) & Paula Martin M.Sc.O.T.(C), are offering the above programs for preschool & elementary students. Their extensive experience in developmental and educational occupational therapy has helped hundreds of children improve their abilities to learn and communicate.*

## The Skills of Printing

Grade 1-3

Offered Weekdays after school or evening

- **Winter Session:** January & February 2017, dates to be determined
- **Cost:** \$450 \*\$400 (Early Bird Rate)

Children who experience difficulties with fine motor and visual motor skills often struggle in acquiring the skills of printing. This struggle can lead to frustration, poor motivation and reduced work output. *This is a therapeutic program for students to improve printing skills, legibility and speed.*

## Self-Regulation Programs (Alert/Zones of Regulation)

Grade 3-6

- **Winter Session (+ Parent Session included):** January & February 2017, dates to be determined
- **Cost:** \$500 \*\$450 (Early Bird Rate)

These programs are designed to help students with self-regulation by teaching them how to recognize their own zones of regulation or "engine speeds". Students will also learn various strategies to use to attain, change, or maintain their levels of alertness. In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading others' facial expressions, insight into events that trigger their behavior, perspective about how others see and react to their behavior, calming and alerting strategies, and problem solving skills.

**\* Early Bird Deadline: \***

**Feb/March Session: February 24, 2017**

**Space is Limited to 5 Children per Group  
\*Please contact us for more information\***

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